

CAMP PARTICIPANT MONITORING TOOL



Summary

The *Camp Participant Monitoring Tool* has been specifically designed for camp or retreat-based programs and has been tested within a peer support camp for young people. This tool collects data for each individual attending camp, enables consolidation of data at a group level and allows analysis of trends over several camps or retreats.



Keywords

Observation tool
Cross sectional data (snapshot)
Longitudinal data (trend analysis)
Quantitative data (frequency data)
Monitoring
Reporting
Communication



Staff Use



Participant Evaluation



Resources

Paper-based
Camp Coordinator completes the tool for each camp participant
No training/support or external resources needed
No costs associated



Individual Activity



Time

Set up: N/A
Implementation and analysis: 5-10 minutes per camp participant



Frequency of use

Immediately following the camp or within 1 week of camp if possible



How to Use This Tool

The *Camp Participant Monitoring Tool* provides a structured method for staff and/or volunteers who attended camp to provide feedback on each of the camp participants. It helps ensure that the same types of information are collected for each participant. This allows analysis of trends at both a group and an individual level.

The tool covers the following areas:

- Overall comments
- Progress against goals
- Learning/use of coping strategies
- Peer support behaviour
- Overall behaviour
- Critical incidents
- Participation in physical activities
- Level of self care
- Recommendations for future

The example tool included in this guide was tested in a therapeutic peer support camp for youth at risk of depression, suicide or self harm. The tool can be modified by other camp-based programs to include indicator areas of most relevance.

The tool is best used to structure a camp debrief discussion with staff and/or volunteers who attended the camp immediately following the camp or within 1 week of the camp. The camp coordinator completes the form for each camp participant and summarises the group's feedback in the comment spaces.



Suggested Uses

The tool can be used to structure a camp debrief meeting for staff in which camp participants are discussed. The tool is particularly useful to monitor levels of change for individuals who may attend several camps and to record critical incidents and notes explaining levels of progress.

For therapeutic camps, in which counselors may not be present with their clients, the tool provides a method for camp staff and/or volunteers to communicate standardised feedback on a client to their counselor.



Complementary Tools

The *Camp Participant Monitoring Tool* provides data from the perspective of the program staff and/or volunteers who attended a camp. To validate the results obtained with the tool further, the tool can be used in combination with one or more of the following tools which collect data from participants:

Short Term Impacts Tool

Group Discussion Guide



Implementation Tips

- Ask staff and/or volunteers attending camp to jot down notes for each camp participant during the camp when they have time. This will act as a memory aid when the tool is completed.
- The tool can also be completed electronically to assist with data management.



Links

[Camp Participant Monitoring Tool](#)

[Short Term Impacts Tool](#)

[Group Discussion Guide](#)



The My-Peer Toolkit [1.0] was developed by [Western Australian Centre for Health Promotion Research](#) and is licensed under a [Creative Commons Attribution-Noncommercial-No Derivative Works 2.5 Australia License](#). It can be accessed at www.mypeer.org.au.



CAMP PARTICIPANT MONITORING TOOL

Name of Camp Participant: _____

Number of camps attended (circle): 1 2 3 4 5+

Overall comments: *e.g. progress from last camp, how well coped with first camp*

Progress against goals: Completely Partially Not at all

Learning/use of coping strategies: Yes No

Peer support behaviour: Yes No

Overall behaviour:

Critical incidents: Yes No

Participation in physical activities: Yes No

Level of self care: High Med Low

Recommendations for future:
